

2016 SUMMER CORE SCHEDULE (August 29th - September 23rd)

Monday	Tuesday	Wednesday	Thursday	Friday
FITNESS CENTER OPEN 8:30 - 4:45				
7:30 A.M.				
Chair Aerobics ID F858 Room F109 7:30 am - 8:20 am Inst. Danielle Cunningham	Tennis ID F805 Dottie Bridges Park 7:30 am - 9:30 am Inst. U. Woods	Chair Aerobics ID F858 Room F109 7:30 am - 8:20 am Inst. Danielle Cunningham	Tennis ID F805 Dottie Bridges Park 7:30 am - 9:30 am Inst. U. Woods	Chair Aerobics ID F858 Room F109 7:30 am - 8:20 am Inst. Danielle Cunningham
9:00 A.M.				
Wire Wrap Jewelry ID L501 Room A106 9:00 am - 11:50 am Inst. Linda Bryan 8/29 and 9/12 only	Learn to Shoot Pool 1 ID L507 Room A108 9:00 am - 10:50 am Inst. Quincy Woods	Open Exercise ID A726 Pool 9:00 am - 11:45 am Inst. E'Licia	Open Exercise ID A728 Pool 9:00 am - 10:45 am Inst. Nicole	Spanish 2 ID L541 Room A101 9:00 am - 9:50 am Inst. Wanda Guy Dove MAKEUP CLASSES
Advanced Yoga ID F819 Victory Room 9:00 am - 9:50 am Inst. Lorna Lindsay	Silver Sneakers Classic ID F828 Room F106 9:00 am - 9:50 am Inst. Ellen Mintzmyer	Advanced Yoga ID F819 Victory Room 9:00 am - 9:50 am Inst. Lorna Lindsay	Body Flow ID F845 Room F106 9:00 am - 9:50 am Inst. Danielle Cunningham	Open Exercise ID A714 Pool 9:00 am - 10:00 am Inst. Nicole
Open Exercise ID A726 Pool 9:00 am - 11:45 am Inst. E'Licia	Open Exercise ID A728 Pool 9:00 am - 10:45 am Inst. Nicole			Zumba Group Exercise ID F853 Victory Room 9:30 am - 10:20 am Inst. Zsa Zsa Robinson
Photography Bootcamp ID L570 Room A124 9:00 am - 3:00 pm Inst. Bob GlickSmith 8/29, 8/30 & 8/31 ONLY *All skill levels. Digital cameras are required.				
10:00 A.M.				
Tai Chi ID F823 Room F109 10:00 am - 10:50 am Inst. Adelina San Juan	Line Dancing ID F830 Victory Room 10:00 am - 10:50 am Inst. Sylvia Bailey	Chachersize ID F836 Victory Room 10:00 am - 10:50 am Inst. Sheila Harper	Line Dancing ID F830 Victory Room 10:00 am - 10:50 am Inst. Sylvia Bailey	Spanish 1 ID L542 Room A101 10:00 am - 10:50 am Inst. Wanda Guy Dove MAKEUP CLASSES
Zumba Group Exercise ID F821 Victory Room 10:00 am - 10:50 am Inst. Zsa Zsa Robinson	**NEW** Dance Movements ID L535 Room F106 10:00 a.m. - 11:50 a.m. Inst. Samuel Williams	Self Defense ID F822 Room F106 10:00 am - 10:50 am Inst. Tyrone Bailey	**NEW** Intermediate Golf ID F701 Mystery Valley Golf Club 10:00 am - 11:00 am Inst. Billy Bulmer * \$40 Fee CLASS SIZE LIMITED TO 12	Dressmaking by Pattern ID L544 Room A125 10:00 am - 12:50 pm Inst. Gloria Williamson * Machine Fee

2016 SUMMER CORE SCHEDULE (August 29th - September 23rd)

Monday	Tuesday	Wednesday	Thursday	Friday
				JD's Line Dancing ID F815 Victory Room 10:30 a.m. - 11:20 a.m. Inst. JD Hall
11:00 A.M.				
Boot Camp Fitness ID F824 Room F106 11:00 am - 11:50 am Inst. Joy Fields	Chair Aerobics ID F881 Room F109 11:00 am - 11:50 am Inst. Joy Fields	Chair Aerobics ID F838 Room F106 11:00 am - 11:50 am Inst. Zsa Zsa Robinson	Chair Aerobics ID F881 Room F109 11:00 am - 11:50 am Inst. Joy Fields	Boot Camp Fitness ID F824 Room F106 11:00 am - 11:50 am Inst. Joy Fields
Modeling Icon ID L503 Room A125 11:00 am - 11:50 am Inst. Jan Reynolds	Beginning Swim Lessons ID A704 Pool 11:00 am - 11:45 am Inst. Betty	Line Dancing ID F839 Victory Room 11:00 am - 11:50 am Inst. Sylvia Bailey	Beginning Swim Lessons ID A704 Pool 11:00 am - 11:45 am Inst. Betty	Open Exercise ID A725 Pool 11:00 am - 12:00 pm Inst. Nicole
	Limited Mobility Chair Aerobics ID F832 Victory Room 11:00 am - 11:50 am Inst. Tyrone Bailey		Limited Mobility Chair Aerobics ID F832 Victory Room 11:00 am - 11:50 am Inst. Tyrone Bailey	
			Beginning Golf ID F700 Mystery Valley Golf Club 11:00 am - 12:00 am Inst. Billy Bulmer * \$40 Fee CLASS SIZE LIMITED TO 12	
12:00 P.M.				
Aquatics Orientation Meet outside pool by table 12:00 pm - 12:45 pm Inst. E'Licia	Aquatics Orientation Meet outside pool by table 12:00 pm - 12:45 pm Inst. E'Licia	Aquatics Orientation Meet outside pool by table 12:00 pm - 12:45 pm Inst. E'Licia	Aquatics Orientation Meet outside pool by table 12:00 pm - 12:45 pm Inst. E'Licia	Chair Aerobics ID F856 Room F106 12:00 am - 12:50 pm Inst. Zsa Zsa Robinson
	Highlighters ID F807 Room F109 12:00 pm - 12:50 pm Inst. Johnnye Ashley	Toastmasters ID L555 Room A117 12:00 pm - 1:15 pm		
1:00 P.M.				
Beginning Pottery Making ID L506 Room A101 1:30 pm - 4:30 pm Inst. John Shultz * \$30 Supply Fee 8/29 ONLY	Beginning Writers ID L527 Room A124 1:00 pm - 2:50 pm Inst. Anita Clay 8/30 ONLY	Advanced Pottery ID L528 Room A101 1:00 pm - 3:50 pm Inst. John Shultz * \$30 Supply Fee 8/31 ONLY	Highlighters ID F808 Room F109 1:00 pm - 1:50 pm Inst. Johnnye Ashley	Ceramics ID L545 Room A101 1:00 pm - 3:50 pm Inst. John Shultz * \$30 Supply Fee 9/2 ONLY

2016 SUMMER CORE SCHEDULE (August 29th - September 23rd)

Monday	Tuesday	Wednesday	Thursday	Friday
Arthritis Foundation Exercise ID F825 Room F106 1:00 pm - 1:50 pm Inst. Zsa Zsa Robinson	Theatre Arts ID L514 Room A123 1:00 pm - 2:50 pm Inst. Samuel Williams	Cardio Circuit Aerobics ID F840 Room F106 1:00 pm - 1:50 pm Inst. Danielle Cunningham		Drapery Making ID L547 Room A125 1:00 pm - 3:50 pm Inst. Gloria Williamson
		NEW Tap Dance Class ID F702 Room F109 1:00 pm - 1:50 pm Inst. Valerie Herrington *Tap shoes required		
		Weight Watchers ID L556 Room A106 1:00 pm - 1:50 pm Inst. Trudie Jeffery		
2:00 P.M.				
Advanced Swim Lessons ID A703 Pool 2:00 pm - 2:45 pm Inst. E'Licia	Beginning Volleyball Team ID A707 Pool 2:00 pm - 2:45 pm Inst. Frances	Advanced Swim Lessons ID A703 Pool 2:00 pm - 2:45 pm Inst. E'Licia	Beginning Volleyball Team ID A707 Pool 2:00 pm - 2:45 pm Inst. Frances	Hip Hop Line Dancers ID F818 Room F109 1:50 pm - 3:00 pm Inst. Senella Watson
Ballroom Dancing ID F803 Victory Room 2:00 pm - 3:30 pm Inst. Johnny Kimbrough	Beg. Guitar 1 Lessons ID L517 Room A124 2:00 pm - 2:50 pm Inst. Bob Ayers * \$20 Fee	Tai Chi Arthritis Foundation ID F842 Room F106 2:00 pm - 2:50 pm Inst. Hertencer Sheppard		Tai Chi Arthritis Foundation ID F842 Room F106 2:00 pm - 2:50 pm Inst. Hertencer Sheppard
		Brains, Flexibility, Balance ID F841 Room F109 2:00 pm - 2:50 pm Inst. Lorna/Zsa Zsa		
3:00 P.M.				
Open Exercise ID A727 Pool 3:00 pm - 3:45 pm Inst. E'Licia	Advanced Volleyball Team ID A706 Pool 3:00 pm - 4:45 pm Inst. LG Coverage	Open Exercise ID A727 Pool 3:00 pm - 3:45 pm Inst. E'Licia	Advanced Volleyball Team ID A706 Pool 3:00 pm - 4:45 pm Inst. LG Coverage	
Silver Sneakers Classic ID F826 Room F106 3:00 pm - 3:50 pm Inst. Ellen Mintzmyer	Lecture 3MV ID F871 Room F109 3:00 pm - 3:50 pm Inst. Tyrone Bailey	Silver Sneakers Classic ID F826 Room F106 3:00 pm - 3:50 pm Inst. Ellen Mintzmyer		Silver Sneakers Classic ID F826 Room F106 3:00 pm - 3:50 pm Inst. Ellen Mintzmyer
	Beg. Guitar 2 Lessons ID L518 Room A124 3:00 pm - 3:50 pm Inst. Bob Ayers * \$20 Fee			
5:00 P.M.				
	After Hours Swim ID A720 Pool 5:00 pm - 7:00 pm Inst. E'Licia		After Hours Swim ID A720 Pool 5:00 pm - 7:00 pm Inst. E'Licia	

GROUPS, CLUBS, PRACTICE TIMES

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 A.M.				
	Scrabble Group ID L561 Victory Room 9:00 am - 12:00 pm		Scrabble Group ID L561 Victory Room 9:00 am - 12:00 pm	
10:00 A.M.				
Bridge Lovers Group ID L548 Room A114 10:00 am - 12:50 pm				
Bicycle Club at Stone Mountain ID F802 Stonecrest parking lot between Kohls, Sears 10:00 am - 11:50 am				
11:00 A.M.				
			Chess Club ID L560 Room A114 11:00 am - 11:50 am	
12:00 P.M.				
Joyful Highlighters Room A124 12:00 pm - 12:50 pm	Joyful Highlighters Room A124 12:00 pm - 12:50 pm		JD's Troupe Practice ID F900 Room F106 12:00 pm - 12:50 pm	
1:00 P.M.				
Jewelry Group Advanced ID L505 Room A124 1:00 pm - 3:50 pm		MABA ID L529 Room A114 1:00 pm - 5:00 pm		JD's Troupe Practice ID F812 Room F106 1:00 pm - 1:50 pm
Drama Club ID L550 Room A125 1:30 pm - 4:30 pm		Dominoes Group ID L557 Room A123 1:00 pm - 3:50 pm		Photography Club *Meets every 3rd Friday Room A124 1:00 pm - 2:00 pm
Performing Arts Group ID L551 Room A123 1:00 pm - 4:45 pm				
2:00 P.M.				
	Bridge Group Practice ID L553 Room A114 2:00 pm - 4:50 pm		Hip Hop Line Dancing Practice ID F813 Room F109 2:00 pm - 2:45 pm	
3:00 P.M.				
Smooth Sophisticated Gents Victory Room 3:30 pm - 5:00 pm		Smooth Sophisticated Gents Victory Room 3:30 pm - 5:00 pm		
Lou Walker's Dancing Men ID F804 Room F109 3:30 pm - 4:30 pm		Lou Walker's Dancing Men ID F804 Room F109 3:30 pm - 4:30 pm		