



THE COUNCIL OF EXCELLENCE HEALTH AND WELLNESS COMMITTEE

SERVICE POLICY

The Health and Wellness Committee proposes the planning, implementation, and management of: “The Health and Wellness Station”. It is a free, walk-in volunteer nurse’s station that provides services on a walk-in basis with no appointment required. This free station provides service without charge or fee. Its services are provided to members of the Lou Walker Senior Center who are physically in the center at the time the health issue arises.

The essence of the Health and Wellness Station grew out of and is a response to Lou Walker members’ requests that basic assessment needs be tended to. We provide limited free assessment and treatment, based on assessment findings, while avoiding the practice of medicine.

Please note that our nurses are not licensed to diagnose or prescribe. They do have the education and training to respond to emergencies and use clinical judgement based on the demands of the situation and the available resources.

Our volunteer nurses can provide basic first aid. Basic first aid is a one-time short-term treatment requiring little technology to administer. It is the initial assistance given to a victim of injury or illness. It is administered immediately after the injury or illness occurs and at the location where it occurred (within the Lou Walker Senior Center).

The health and wellness services we can provide are: Basic assessment of Blood Pressure, Pulse, Respirations, and Body temperature; Basic first aid (initial assistance given to a victim of injury or illness); Basic educational material and teaching as the need arises and as is available; Basic CPR, which includes use of the Automated Cardiac Defibrillator, and calling 911; Also Basic quarterly teachings on the use of the Automated Cardiac Defibrillator and providing CPR.

The nurses at the Health and Wellness Station strive to provide its services and treat each client with respect and dignity. We will obtain client consent for assessment and treatment. We will observe HIPPA Laws.

October 1, 2018

Sonja Elliott, Chairperson

Implementation and management plans for the station:

1. Advertising in the newsletter to attract volunteer Registered Nurses, with experience, and soliciting their involvement in providing healthcare services, via the health and wellness station, to the members of this center.
2. Determining the desired days and hours of operation.
 - Discussion: Proposed Implementation Date & Times that the station's services be available are: a) From 8 am – 7 pm, b) From 9 am – 5:30 pm, and c) From 10 am – 4pm
3. Discussing Station needs and staffing requirements.
 - Discussion: There should be two healthcare providers at the station, because it takes two to perform CPR optimally. Mary, of volunteer program, states the center might obtain a nurse assistant employee. If this happens the station can be staffed with one volunteer Registered Nurse and that nurse assistant.
4. Identifying a location for the station that would maintain client confidentiality.
5. Finding a place to store supplies when the station is closed
6. Assessing level of Lou Walker administrative employee governance and support.
 - Discussion: Each client will be required to sign consent for treatment, which will include the Health and Wellness Service policy, a brief Limited Service Responsibility Disclaimer, and a brief Confidentiality statement
7. Identifying what existing resources and personnel are available to form a coalition of service delivery and help.
 - Discussion: Tyrone, and Mary
8. Soliciting health and wellness equipment & supplies funding from:
 - DeKalb County
 - Donna Dees, North Georgia Marketing Director, Alpha to Omega Church Support Systems, Inc.
 - Discussion: Lou Walker Senior Center's health and wellness equipment & supplies needed (and their cost) includes:

Items:	Projected Cost:
Thermometer (Forehead)	\$ 29.00
Stethoscope (Littmann)	\$ 45.00
Blood Pressure Machine	\$45.00
Kardiamobile EKG Monitor & Case	\$99.00
Finger Pulse Oximeter	\$23.00
First Aid Supplies: Saline, Alcohol (Solution & Wipes), Band Aids, Gauze Dressing & Wraps, Tapes	\$50.00
Clorox & Sani Wipes	\$6.00
Latex Free Gloves (Sizes small, Medium, & Large)	\$17.00 per Box x 3-Boxes = \$51.00
Storage Cart for Supplies & Its Lock	\$375.00
A HP Laptop Computer	\$500.00
Other/Incidentals	\$100.00
Projected Total:	\$1,249

9. Identifying what healthcare resources are available should we assess an adverse finding or emergency situation.
10. Identifying personnel available to assure what we legally can or cannot do. Also, to avoid practicing medicine without a license.