



LWSC Council of Excellence
Committee Report – April 9, 2019

Submit report to: lwscouncilofexcellence@gmail.com

Committee: Health and Wellness

Officer/Chair: Sonja Elliott

Committee Members: Brenda Goodman, Emma Knight

- Please Join Me In Welcoming Our Newest Member To The Health And Wellness Committee: Ms. Wendolyn Llanos. Also, the Return of Ms. Sheree Cooper.
 - This Committee Continues To Seek Then Recruit Members Of the LWSC With Past Or Current Health Care Experience and Who Are Interested In Joining Our Committee

1. ACTIVITIES COMPLETED FOR THIS MONTH:

- Participated In Executive Board Meeting
- The Health And Wellness Committee Agreed On Its Service Policy, Service And Vision Statement, As Well As Its Implementation and Planning Guidelines
- The Committee Has Agreed On Its List Of Equipment and Supplies Needed To Operate The Health and Wellness Station
 - This List Has Been Submitted To The Lou Walker Council Of Excellence, and The Lou Walker Senior Center Administration

2. ACTIVITIES PLANNED FOR FUTURE:

- Attending Members Meetings Focused On Being A cohesive and effective Health and Wellness Team; Generating Comradery, and Promoting Health and Wellness Within The Lou Walker Community
 - Discussing, Planning, Implementing, and Evaluating The Opening of Lou Walker's Health And Wellness Station (Once The Committee Has The Equipment and Supplies Needed To Operate It)

3. ACTION REQUIRED FOR EXECUTIVE COMMITTEE:

- Approve and Adopt The Health And Wellness Service Policy, Service and Vision Statement, As Well As Its Implementation and Planning Guidelines
- Secure Fees Needed To Operate The Health and Wellness Station Continually
- Continue To Provide Input Into and Support To This Committee As Needed

4. ACTION REQUIRED FOR LWSC:

- Approve and Adopt the Health and Wellness Service Policy, Service and Vision Statement, As Well As Its Implementation and Planning Guidelines

- To Purchase Each and Every Listed Equipment and Supplies Needed To Operate Its Health and Wellness Station
- Secure Fees Needed To Operate the Health and Wellness Station Continually
- Continue To Provide Input Into and Support to This Committee As Needed

5. MOTION STATED FOR EXECUTIVE COMMITTEE

CONSIDERATION/RESOLUTION/RECOMMENDATIONS:

- The Health and Wellness Committee Motion That the Lou Walker Senior Center:
 - Approve and Adopt The Health and Wellness Service Policy, Service and Vision Statement, As Well As Its Implementation and Planning Guidelines
 - Promote An Annual Operating Budget and Fees Needed To Support and Operate The Health and Wellness Station

6. CONCERNS, OPPORTUNITIES FOR CELEBRATION:

- The Health and Wellness Committee is Getting Closer to Its Opportunity to Open Lou Walker Senior Center's Health and Wellness Station, Which Will Afford Us The ability To Provide Minor Assessments, Basic First Aid, and Basic Life Support to Members of the Lou Walker Senior Center. 👍

7. OTHER: