



**LWSC Council of Excellence**  
**Committee Report – DATE: June 11, 2019**

Submit report to: [lwscouncilofexcellence@gmail.com](mailto:lwscouncilofexcellence@gmail.com)

**Committee:** Health and Wellness

**Officer/Chair:** Sonja Elliott

**Committee Members:** Brenda Goodman, Emma Knight, Wendolyn Llanos,

- This committee continues to seek then recruit members of the Lou Walker Senior Center with past or current health care experience and who are interested in joining our committee

**1. ACTIVITIES COMPLETED FOR THIS MONTH:**

- Participated in Executive Board Meeting
- We are awaiting the approval and considerations of the health and wellness service policy, service and vision statement, implementation and planning guidelines, and its list of equipment and supplies (needed to operate the health and wellness station) from Lou Walker’s Senior Center Administration and DeKalb County.

**2. ACTIVITIES PLANNED FOR FUTURE:**

- Continuing to encourage Health and Wellness Committee members to attend monthly meetings focused on promoting a more cohesive and effective Health and Wellness Team that is generating comradery, and promoting health and wellness within the Lou Walker community
  - Discussing, planning, implementing, and evaluating the opening of Lou Walker’s Health and Wellness Station
  - Formulating an informational brochure that will inform our clients about the Health and Wellness Station, and blood pressure assessments
  - Formulating a card that will allow our clients to list, record, or trend multiple blood pressure assessments, which they can present to their medical professionals for better treatment review and care planning

**3. ACTION REQUIRED FOR EXECUTIVE COMMITTEE:**

- Secure fees needed to operate the Health and Wellness Station continually
- Continue to provide input into and support to this committee as needed

**4. ACTION REQUIRED FOR LWSC:**

- Approve and adopt the Health and Wellness Service Policy, Service and Vision Statement, As well as its Implementation And Planning Guidelines

- Secure fees needed to operate the Health and Wellness Station continually
- Continue to provide input into and support to this committee as needed

**5. MOTION STATED FOR EXECUTIVE COMMITTEE  
CONSIDERATION/RESOLUTION/RECOMMENDATIONS:**

- The Health and Wellness Committee motion that the Lou Walker Senior Center:
  - Approve and adopt the health and wellness service policy, service and vision statement, as well as its implementation and planning guidelines
  - Promote an annual operating budget and fees needed to support and operate the Health and Wellness Station
  - Purchase each and every listed equipment and supplies needed to operate our Health and Wellness station

**6. CONCERNS, OPPORTUNITIES FOR CELEBRATION:**

- The Health and Wellness Committee is getting closer to its opportunity to open Lou Walker Senior Center's Health and Wellness Station
  - This health and wellness station will provide minor assessments, basic first aid, and basic life support to every member of the Lou Walker Senior Center. 👍

**7. OTHER:**