



Monthly Committee Report – December 08, 2020

Submit Report to: lwsccouncilofexcellence@gmail.com

Committee: Program

Officer/Chair: Rochelle Evans

Committee Members: Patricia Arnold, Wilma Byrd, Charlene Daise, Glenda Erskine, Johnnie Hughes, Gwedolyn Llanos, Sharon Maynor, Ruth Mayo, Johnnie Presbury, Connie Wilson, Jaqueline Woods

1. **Activities Completed for the Previous Month:**

- Due to the pandemic, the Program Committee will be on hiatus until February 2020

2. **Activities Planned for the Future:**

- Implement instructor training on the *Instructors Guide*.
- Implement instructor training on *Methods for Teaching Senior Adults*.

3. **Action Required by the COE Executive Committee:**

- None

4. **Action Required by the LWSC Staff:**

- Develop more physical program activities that might appeal to male members and encourage their involvement in fitness programs. Basketball and pickleball are two possibilities recommended by the Committee. Pickleball is a combination of badminton, tennis, and ping pong. Both are popular among seniors of all ages, including men and women 80 years old plus.

5. **Motion Stated for Executive Committee Consideration/Resolution/Recommendations:** None.

6. **Opportunities for Celebration:** None.