



LWSC Council of Excellence
Monthly Committee Report – January 12, 2020

Submit Report to: lwscouncilofexcellence@gmail.com

Committee: Program

Officer/Chair: Rochelle W. Evans

Committee Members:

Patricia Arnold	Sharon Maynor
Wilma Byrd	Ruth Mayo
Charlene Daise	Johnnie Presbury
Glenda Erskine	Connie Wilson
Johnnie Hughes	Jacqueline Woods
Gwendolyn Llanos	

1. Activities Completed for the Month:

- Due to the pandemic, the Program Committee will be on hiatus until February 2020

2. Activities Planned for the Future:

- Implement instructor training on the *Instructors Guide*
- Implement instructor training on *Methods for Teaching Senior Adults*

3. Action Required by the COE Executive Committee:

- None

4. Action Required by LWSC Staff:

- Develop more physical program activities that might appeal to male members and encourage their involvement in fitness programs. Basketball and pickleball are two possibilities recommended by the Committee. Pickleball is a combination of badminton, tennis, and ping pong. Both are popular among seniors of all ages, including men and women 80 years old plus.



**5. Motion Stated for Executive Committee Consideration/
Resolution/Recommendations:**

- None

6. Opportunities for Celebration

- None