



LWSC Council of Excellence
Monthly Committee Report – February 9, 2021

Submit Report to: lwscouncilofexcellence@gmail.com

Committee: Program

Officer/Chair: Rochelle W. Evans

Committee Members:

Patricia Arnold, Wilma Byrd, Maureen Craig Charlene Daise, Glenda Erskine, Carolyn Keith, Wendolyn Llanos, Sharon Maynor, Ruth Mayo, Johnnie Presbury

1. Activities Completed for the Month:

- The Committee met February 4, 2021. Also in attendance were Tyrone Bailey, Health and Wellness Director, and Erica King, Assistant Center Director
- **Programs** - Jonquil Harris, Program and Communication Coordinator, provided in absentia, the EOY stats for virtual programming, the virtual classes offered, and overall attendance. In addition, Jonquil included class evaluations, and virtual special programming in her report.
 - **Virtual Classes**
5 sessions over 8 months, with average of 71 classes per session and average of 296 participants per session
 - **Class Evaluations**
130 responded. They were sent via the LWSC newsletter and web site. They were favorable. However, respondents did have one negative comment related to classes being offered simultaneously. Only one complaint demonstrates how well online classes are received. Instructors were given high ratings for preparation and organization.
 - **Virtual Special Programming**
18 special programs and events over 8 months with 968 participants
In her next report, Jonquil will provide stats that identify the number of attendees who are not members of the LWSC Center.
- **Health and Wellness Programs** - Tyrone Bailey, Health and Wellness Director, reported that the virtual fitness programs' classes continue to be

well attended. However, only a few of the Center's male members take advantage of them. This also true when we are at the Center. As a result, we decided to have a "brother's keeper" focus group so the men can talk freely about their needs and desires. Erica King, Assistant Center Director, and Tyrone Bailey will organize the session.

2. Activities Planned for the Future:

- Have a meeting with and for the Center's male members.

3. Action Required by the COE Executive Committee:

- None

4. Action Required by LWSC Staff:

- Schedule a meeting with the male members. Involve knowledgeable male staff in Senior Services to participate.
- Develop more physical program activities that might appeal to male members and encourage their involvement in health, wellness and fitness programs.
- Erica explained the Administration's process with handling difficult members as well as complaints about instructors.

**5. Motion Stated for Executive Committee Consideration/
Resolution/Recommendations:**

None

6. Opportunities for Celebration:

- We welcomed two new members to our committee, Maureen Craig and Carolyn Keith.