



## Monthly Committee Report – April 13, 2021

Submit Report to: [lwscouncilofexcellence@gmail.com](mailto:lwscouncilofexcellence@gmail.com); ;

Committee: Health and Wellness  
Officer/Chair: Sonja Elliott  
Committee Members: Wendolyn, Wendy, Llanos (Co-Chair), Carolyn Bolton, Alice Moore.

1. Activities Completed for the Previous Month:
  - a. This committee continues to promote and stress the importance of following: CDC, WHO, and DeKalb County Georgia, guidelines for combating and resolving the COVID19 Pandemic.
  - b. This committee met via a zoom meeting convened by Charleen Knox, LWSC COE Chairperson. Carolyn Bolton had trouble connecting with and joining this meeting.
2. Activities Planned for the Future:
  - a. Focusing on developing, promoting, then instituting a long-term obesity health care initiative.
  - b. Wendy volunteered to develop then provide a flyer re: Wholistic eating and nutrition
3. Motion/Amendment Stated for Executive Committee or LWSC Staff Consideration, Resolution and/or Recommendations:
  - a. Accept Wendolyn Llanos as Health and Wellness committee co-chair.

- b. Accept Wendolyn Llanos, Carolyn Bolton, and Alice Moore as committee members.
  - c. Committee develop, promote and institute an obesity health care initiative.
  - d. Wendy develops then provide a flyer for members re: Wholistic Eating and Nutrition.
  - e. The COE Executive Committee and LWSC Staff provide input and support our developing, promoting and instituting a Long-Term Obesity Health Care Initiative.
  - f. The COE Executive Committee and LWSC Staff promote an annual operating budget and fees needed to operate, promote, and support the Health and Wellness Committee and Health and Wellness Station.
4. Action Required by the COE Executive Committee: Yes.
- a. Yes
  - b. No
5. Action Required by the LWSC Staff: Yes.
- a. Yes
  - b. No
6. Opportunities for Celebration:
- a. Welcome to the newest Health and Wellness committee members.
  - b. Continue to assist with promoting breast, cardiovascular, diabetes, heart, hypertension, stroke, and prostate health initiatives.