

SENIOR VIRTUAL LEARNING ENVIRONMENT SCHEDULE

October 25 - December 3

Host	Day	Time	Instructor	Class	Zoom ID
Gloria Daniel	MONDAYS	9:00-9:50am	Lorna Lindsay	ADVANCED YOGA	(GD) 851 3337 7489
Tyrone Bailey		9:00-9:50am	Tyrone Bailey	MARTIAL ARTS	(TB) 850 6622 6339
Jackie Carter		10:00-11:20am	Rochelle Evans	MELLOW MOMENTS	(DW) 842 0783 7659
Tyrone Bailey		10:00-10:50 am	Tyrone Bailey	SELF DEFENSE	(TB) 897 0725 8331
Debra Banks		10:00-10:50am	Renee Burwell-Billie	ZUMBA TONING	(DB) 827 4962 7532
Cynthia Donnell		11:00-1:00pm	Victor Thomas	ADV. SECRETS OF YOUR CELL PHONE CAMERA	(CD) 861 3761 3482
Reyzury Jackson-Rogers		11:00-11:50am	Jan Martin	EASY LINE DANCE	(RJR) 853 5573 8279
Mary McCray		11:00-12:30pm	Agnes Harper	BRIDGE	(JH) 884 3583 9266
Gloria Daniel		12:00-12:50pm	Hertencer Shephard	TAI CHI ARTHRITIS FOUNDATION (STARTS 11/15)	(GD) 850 5006 4214
Gabriel Murphy		1:00-3:00pm	Charleen Knox	DRAMA CLUB	(GM) 865 2315 6004
James Simon		1:00-2:20pm	John Shultz	DRAWING	(JS) 860 1659 1970
Reyzury Jackson-Rogers		1:30-2:20pm	Jan Martin	REAL TALK	(RJR) 861 7536 5208
Cynthia Donnell		2:30-3:50pm	Victor Thomas	DIGITAL TECHNOLOGY MANAGEMENT - PT. 1	(CD) 862 9319 3908
Dawn West		3:00-3:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(DW) 815 6092 9678

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Mary McCray	TUESDAYS	8:00-8:50am	Renee Burwell-Billie	(CHAIR AEROBICS)	(JH) 889 4964 5927
Gloria Daniel		9:00-9:50am	Gloria Daniel	WHAT'S THE TEA AT LWSC	(GD) 817 6652 7654
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 836 2921 1684
Reyzury Jackson-Rogers		10:00-10:50am	Warren St. James	TAI CHI	(RJR) 870 9251 6339
T'Mara K. Rozier		10:00-10:50am	Renee Burwell-Billie	CHAIR FITNESS WITH RENEE	(TR) 870 7213 8506
Dawn West		10:00-10:50am	Karen Drake	PILATES	(DW) 876 1147 9410
Mary McCray		11:00-11:50am	Rose Merry Brock	LINE DANCING (ENDS 11/23)	(KS) 864 2455 2265
Tyrone Bailey		11:00-11:50am	Tyrone Bailey	LIMITED MOBILITY CHAIR AEROBICS	(TB) 837 4156 5586
Gertha Lowe-Ward		11:00-11:50am	Jan Martin	JUST FOR FUN	(GLW) 886 4189 1930
Cynthia Donnell		11:00-11:50am	Karen Drake	STRENGTH TRAINING	(CD) 819 8348 4142
Tyrone Bailey		1:00-1:50pm	Karen Drake	BEGINNING YOGA	(TB) 869 9011 3305
Gabriel Murphy		1:00-1:50pm	Bob Ayers	PRO POOL 101	(GM) 898 2559 1002
James Simon		1:00-1:50pm	Orrin Hudson	GET IN THE GAME (CHESS)	(JS) 881 6020 4811
Mary Kinney		1:00-2:20pm	Anita Clay	WRITING	(JH) 868 5572 4074
Gloria Daniel		2:00-2:50pm	Bob Ayers	GUJARATI	(GD) 856 4473 3326

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Gabriel Murphy	WEDNESDAYS	8:00-8:50am	Renee Burwell-Billie	WALKING WEDNESDAYS (CHAIR AEROBICS)	(GM) 833 4850 6109
Tyrone Bailey		9:00-9:50am	Tyrone Bailey	MARTIAL ARTS	(TB) 850 6622 6339
James Simon		9:00-9:50am	Lorna Lindsay	ADVANCED YOGA	(JS) 865 4748 2534
Dawn West		10:00-11:50am	Rochelle Evans	ROMANCE FROM 50 TO FOREVER	(DW) 811 4010 5730
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 836 2921 1684
Reyzury Jackson-Rogers		10:00-10:50am	Warren St. James	TAI CHI	(RJR) 870 9251 6339
Tyrone Bailey		10:00-10:50am	Tyrone Bailey	SELF DEFENSE	(TB) 897 0725 8331
Dawn West		12:00-1:15pm	Charleen Knox	TOASTMASTERS	(DW) 883 2599 6832
Tyrone Bailey		1:00-2:20pm	Dr. Joy Scott	HEALTHY COOKING	(TB) 836 9352 0999
Mary McCray		1:00-2:20pm	John Shultz	DRAWING	(JS) 860 1659 1970
Gloria Daniel		1:30-3:30pm	Dr. Merrill White	AFRICAN AMERICAN HISTORY	(GD) 825 3791 9566
Dawn West		2:00-2:50pm	Hertencer Sheppard	FAN TAI CHI (STARTS 11/17)	(DW) 846 0740 6363
Gabriel Murphy		3:00-3:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(GM) 873 0615 9025

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Cynthia Donnell	THURSDAYS	8:00-8:50am	Renee Burwell-Billie	(CHAIR AEROBICS)	(CD) 849 4196 0293
Gloria Daniel		9:00-9:50am	Gloria Daniel	WHAT'S THE TEA AT LWSC	(GD) 817 6652 7654
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 836 2921 1684
T'Mara K. Rozier		10:00-10:50am	Renee Burwell-Billie	CHAIR FITNESS WITH RENEE	(TR) 870 7213 8506
Tyrone Bailey		10:00-10:50 AM	Karen Drake	DYNAMIC ABS	(TB) 850 3389 4155
Gabriel Murphy		11:00-11:50am	Karen Drake	STRENGTH TRAINING	(GM) 839 3274 8858
Tyrone Bailey		11:00-11:50am	RoseMerry Brock	LINE DANCING (ENDS 11/25)	(TB) 828 3468 8340
Cynthia Donnell		11:00-1:00pm	Victor Thomas	INT/ADV SECRETS OF YOUR CELL PHONE CAM	(CD) 896 2222 4691
Debra Banks		11:00-11:50am	Lorraine Caribbean	ISOMETRIC STRETCH (ARTHRITIS FOUNDATION)	(DB) 851 6839 1978
James Simon		12:00-12:50pm	Joycelyn Saunders Fields	BELOW THE WAIST	(JS) 883 1528 1929
Gabriel Murphy		1:00-2:50pm	Bob Glicksmith	Basic Intro. to Digital Photography & Basic Design	(GM) 865 2189 0181
James Simon		1:00-1:50pm	Orrin Hudson	GET IN THE GAME (CHESS)	(JS) 881 6020 4811
Tyrone Bailey		1:00-1:50pm	Karen Drake	BEGINNING YOGA	(TB) 836 8850 9393
Tyrone Bailey		2:00-2:50pm	Hertencer Sheppard	TAI CHI FOR ARTHRITIS (STARTS 11/18)	(TB) 829 9642 9058
Cynthia Donnell		2:30-3:50pm	Victor Thomas	DIGITAL TECHNOLOGY MANAGEMENT - PT. 1	(CD) 862 9319 3908

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Cynthia Donnell	FRIDAYS	9:00-10:50am	Bob GlickSmith	ADV. DSLR CAMERA SW TECHNIQUE	(CD) 856 1016 4168
Mary McCray		10:00-10:50am	Odillia Moore	SPANISH 2	(JH) 824 9662 8277
Reyzury Jackson-Rogers		10:00-10:50am	Warren St. James	TAI CHI	(RJR) 870 9251 6339
James Simon		10:00-11:50am	Tracie Hawkins	SIMPLY SEWING(CLASS OCCURS ON 10/29, 11/12)	(JS) 814 3043 4756
Gertha Lowe-Ward		10:30-11:20am	Jan Martin	LINE DANCE PARTY	(GLW) 845 6365 3436
T'Mara K. Rozier		11:00-11:50am	Karin Zarin	AGELESS GRACE	(TR) 881 3575 2803
Dawn West		11:00-12:30pm	Agnes Harper	BRIDGE	(DW) 867 8750 4831
Gabriel Murphy		12:00-12:50 pm	Monciella Elder	PLAY & SING FOR GUITAR	(GM) 896 1381 9022
Gloria Daniel		12:00-1:50pm	Tracie Hawkins	FREE YOUR MIND(CLASS OCCURS ON 10/29, 11/12)	(GD) 857 4800 2195
Cynthia Donnell		1:00-2:50pm	Bob Glicksmith	ADV. DSLR CAM TECHNIQUE WKSH	(CD) 860 3381 8410
Gabriel Murphy		1:00-2:50pm	Larry Davis	THE ART OF MEDITATION	(GM) 861 5481 1041
Tyrone Bailey		1:00-1:50pm	Joycelyn Saunders Fields	COMBO WORKOUT	(TB) 895 3484 1212
Reyzury Jackson-Rogers		1:00-1:50pm	Jan Martin	REAL TALK	(RJR) 820 2181 9179
Dawn West		2:00-2:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(DW) 859 6295 1328
Mary McCray		2:00-3:20pm	Tracie Hawkins	BASIC COMPUTER(CLASS OCCURS 10/29, 11/12)	(JH) 889 8466 6714