



Monthly Committee Report – September 14, 2021

Submit Report to: lwscouncilofexcellence@gmail.com

Committee: Health and Wellness

Officer/Chair: Sonja Elliott

Committee Members: Wendolyn, Wendy, Llanos (Co-Chair), Alice Moore, Carolyn Bolton

1. Activities Completed for the Previous Month:

- Attended COE Executive Committee meeting on August 10, 2021.
- Attended the COE Officers and Chairpersons Special Meeting on June 3, 2021.
- This Committee continues to promote and stress the importance of following: CDC, WHO, and DeKalb County Georgia guidelines for combating and resolving the COVID19 Pandemic.

2. Activities Planned for the Future:

- Opening our Health And Wellness Station.
- Developing then promoting a long-term obesity health care initiative.
- Developing then providing a flyer re: Wholistic eating and nutrition.

3. Motion/Stated for COE Executive Committee Consideration, Resolution and/or Recommendations: Yes

- I move that the COE Executive Committee review its Health and Wellness Committee's purposes, policies and procedures; then clarify (and verify) its function and need.

4. **Action/Approval Required by the COE Executive Committee: YES**
 - Request the COE Executive Committee review the purposes, policies and procedures of this health and wellness committee then clarify (and verify) its function and need.

5. **Action/Approval Required by the LWSC Staff: Yes.**
 - Request approval for the Health & Wellness Committee to develop and promote a Long-Term Obesity Health Care Initiative.

 - Request approval for an annual operating budget and fees needed to operate, promote and support the Health And Wellness Station.

6. **Opportunities for Celebration:**
 - The Health And Wellness Committee is always looking for members of the LWSC to serve as either members or volunteers of this committee. If you or anyone you know are interested in joining us, please notify Sonja Elliott, Wendy Llanos, Alice Moore, Carolyn Bolton, or Charleen Knox.