

SENIOR VIRTUAL LEARNING ENVIRONMENT SCHEDULE

May 9 - July 1

Host	Day	Time	Instructor	Class	Zoom ID	Conference numbers
Gloria Daniel	MONDAYS	9:00-9:50am	Lorna Lindsay	ADVANCED YOGA	(GD) 899 5870 9242	672792
Tyrone Bailey		9:00-9:50am	Tyrone Bailey	MARTIAL ARTS	(TB) 860 8070 3758	518384
Jackie Carter		10:00-11:20am	Rochelle Evans	MELLOW MOMENTS	(GM) 850 1391 0736	713849
Tyrone Bailey		10:00-10:50 am	Tyrone Bailey	SELF DEFENSE	(TB) 826 0179 5631	518384
Cynthia Donnell		11:00-1:00pm	Victor Thomas	ADV. SECRETS OF YOUR CELL PHONE CAMERA	(CD) 847 3957 5213	843190
Yolanda Norris		11:00-11:50am	Jan Martin	EASY LINE DANCE (BEGINS WEEK OF 5/16)	(YN) 848 1608 9255	575090
Gloria Daniel		12:00-12:50pm	Hertencer Shephard	TAI CHI ARTHRITIS FOUNDATION	(GD) 885 6890 0025	672792
Gabriel Murphy		1:00-3:00pm	Charleen Knox	DRAMA CLUB	(GM) 884 6329 9179	798748
James Simon		1:00-1:50pm	John Shultz	DRAWING	(JS) 837 3265 3488	266230
Yolanda Norris		1:30-2:20pm	Jan Martin	REAL TALK (BEGINS WEEK OF 5/16)	(YN) 817 0406 9162	575090
Cynthia Donnell		2:30-3:50pm	Victor Thomas	DIGITAL TECHNOLOGY MANAGEMENT - PT. 1	(CD) 879 4731 2439	843190
Gabriel Murphy		3:00-3:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(GM) 886 0876 5484	713849

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Mary McCray	TUESDAYS	9:00-9:50am	Gabrielle Carty	CHAIR AEROBICS	(JH) 899 2648 4371	472135	
Gloria Daniel		9:00-9:50am	Gloria Daniel	WHAT'S THE TEA AT LWSC	(GD) 875 1480 3234	672792	
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 815 7772 3188	427306	
Yolanda Norris		10:00-10:50am	Warren St. James	TAI CHI	(YN) 876 4159 5408	575090	
T'Mara K. Rozier		10:00-10:50am	Renee Burwell-Billie	CHAIR FITNESS WITH RENEE	(TR) 869 7293 9312	658021	
Gabriel Murphy		10:00-10:50am	Karen Drake	PILATES (STARTS IN JUNE)	(GM) 838 4407 2551	713849	
Mary McCray		11:00-11:50am	Rose Merry Brock	LINE DANCING	(JH) 872 4947 2107	512632	
Tyrone Bailey		11:00-11:50am	Tyrone Bailey	LIMITED MOBILITY CHAIR AEROBICS	(TB) 863 0913 9330	518384	
Cynthia Donnell		11:00-11:50am	Karen Drake	STRENGTH TRAINING (STARTS IN JUNE)	(CD) 871 7320 5955	843190	
Tyrone Bailey		1:00-1:50pm	Karen Drake	BEGINNING YOGA (BEGINS IN JUNE)	(TB) 881 3205 7298	518384	
Gabriel Murphy		1:00-1:50pm	Bob Ayers	PRO POOL 101	(GM) 816 2709 6807	798748	

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Gabriel Murphy	WEDNESDAYS	9:00-9:50am	Gabrielle Carty	WALKING WEDNESDAYS (CHAIR AEROBICS)	(GM) 811 8622 4447	798748
Tyrone Bailey		9:00-9:50am	Tyrone Bailey	MARTIAL ARTS	(TB) 860 8070 3758	518384
James Simon		9:00-9:50am	Lorna Lindsay	ADVANCED YOGA	(JS) 818 1060 9874	266230
Gloria Daniel		10:00-11:50am	Rochelle Evans	ROMANCE FROM 50 TO FOREVER	(GD) 839 2619 3708	713849
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 815 7772 3188	427306
Yolanda Norris		10:00-10:50am	Warren St. James	TAI CHI	(YN) 876 4159 5408	575090
Tyrone Bailey		10:00-10:50am	Tyrone Bailey	SELF DEFENSE	(TB) 826 0179 5631	518384
Cynthia Donnell		12:00-1:15pm	Charleen Knox	TOASTMASTERS	(CD) 830 0430 3433	713849
Tyrone Bailey		1:00-2:20pm	Dr. Joy Scott	HEALTHY COOKING	(TB) 838 3144 8624	518384
Gloria Daniel		1:30-3:30pm	Dr. Merrill White	AFRICAN AMERICAN HISTORY	(GD) 859 5853 9830	672792
Mary Kinney		2:00-2:50pm	Hertencer Sheppard	FAN TAI CHI	(JS) 825 0891 5153	713849
Gabriel Murphy		3:00-3:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(GM) 886 0876 5484	798748

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Cynthia Donnell	THURSDAYS	9:00-9:50am	Gabrielle Carty	CHAIR AEROBICS	(CD) 886 4857 0012	843190
Gloria Daniel		9:00-9:50am	Gloria Daniel	WHAT'S THE TEA AT LWSC	(GD) 875 1480 3234	672792
Antilik Black		10:00-10:50am	Antilik Black	HAIR CARE 101	(AB) 815 7772 3188	427306
T'Mara K. Rozier		10:00-10:50am	Renee Burwell-Billie	CHAIR FITNESS WITH RENEE	(TR) 869 7293 9312	658021
Tyrone Bailey		10:00-10:50 AM	Karen Drake	DYNAMIC ABS (STARTS IN JUNE)	(TB) 854 5225 2232	518384
Gabriel Murphy		11:00-11:50am	Karen Drake	STRENGTH TRAINING (STARTS IN JUNE)	(GM) 830 3204 5386	798748
Tyrone Bailey		11:00-11:50am	RoseMerry Brock	LINE DANCING	(TB) 869 6857 2155	518384
Cynthia Donnell		11:00-1:00pm	Victor Thomas	INT/ADV SECRETS OF YOUR CELL PHONE CAM	(CD) 867 2549 9765	843190
Gertha Lowe-Ward		11:00-11:50am	Lorraine Caribbean	ISOMETRIC STRETCH (ARTHRITIS FOUNDATION)	(DB) 861 4923 2581	615346
Gabriel Murphy		1:00-2:50pm	Bob Glicksmith	Basic Intro. to Digital Photography & Basic Design	(GM) 817 1557 0280	798748
Tyrone Bailey		1:00-1:50pm	Karen Drake	BEGINNING YOGA (STARTS IN JUNE)	(TB) 881 3205 7298	518384
Tyrone Bailey		2:00-2:50pm	Hertencer Sheppard	TAI CHI FOR ARTHRITIS	(TB) 893 1007 9180	472135
Cynthia Donnell		2:30-3:50pm	Victor Thomas	DIGITAL TECHNOLOGY MANAGEMENT - PT. 1	(CD) 879 4731 2439	843190

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Cynthia Donnell	FRIDAYS	9:00-10:50am	Bob GlickSmith	ADV. DSLR CAMERA SW TECHNIQUE	(CD) 867 6754 0382	843190
Mary McCray		10:00-10:50am	Odillia Moore	SPANISH 2	(JH) 843 2216 8986	472135
Yolanda Norris		10:00-10:50am	Warren St. James	TAI CHI	(YN) 876 4159 5408	575090
James Simon		10:00-11:50am	Tracie Hawkins	SIMPLY SEWING	(JS) 846 4658 6731	266230
Gertha Lowe-Ward		10:30-11:20am	Jan Martin	LINE DANCE PARTY (BEGINS WEEK OF 5/16)	(GLW) 825 9978 8864	669635
Gabriel Murphy		12:00-12:50 pm	Monciella Elder	PLAY & SING FOR GUITAR	(GM) 899 0311 1377	798748
Gloria Daniel		12:00-1:20pm	Tracie Hawkins	SUDOKU	(GD) 814 2939 7233	672792
Cynthia Donnell		1:00-2:50pm	Bob Glicksmith	ADV. DSLR CAM TECHNIQUE WKSHP	(CD) 831 2065 3468	843190
Yolanda Norris		1:00-1:50pm	Jan Martin	REAL TALK (BEGINS WEEK OF 5/16)	(YN) 814 8617 3147	575090
James Simon		2:00-2:50pm	Ellen Mintzmyer	SILVER SNEAKERS	(JS) 871 3217 4530	713849