



Health & Wellness Committee Report

March 8, 2022

Chairperson: Sherrie Cooper

Committee Members: Alice Moore, Carolyn Bolton, Wendolyn Llanos, Sonja Elliott

Attendance at Meeting(s) since last report: Alice Moore, Carolyn Bolton, Pat Jackson (VP)

1. Activities/Events completed since the last COE Meeting:

- a. Held Committee meeting March 4, 2022, via Zoom.
- b. Discussed goals and visions for committee:
 - Focus on education forums for LWSC members.
 - Fun activities to help LWSC members learn to be healthy.
 - Ways to educate and make members aware of coronavirus vaccines, testing, etc.

2. Activities/Events that have been Discussed/Planned for the Future:

- a. Set up meeting with Tyrone Bailey.
- b. Hold CPR classes.

3. Motions and/or Requests for Action from the COE Executive Committee and/or LWSC Staff is attached. None required.

4. Next Committee Meeting Date, Time & Location: Next meeting TBD.

Submit Report to: President and Vice President