



Health & Wellness Committee Report

May 10, 2022

Chairperson: Sherrie Cooper

Committee Members: Alice Moore, Carolyn Bolton, Wendolyn Llanos and Sonja Elliott

Attendance at Meeting(s) since last report: Alice Moore, Wendolyn Llanos, Sonja Elliott, Pat Jackson, Janet Proctor

- 1. Activities/Events completed since the last COE Meeting:**
 - a. Attended COE meeting on April 12, 2022, via Zoom.
 - b. Held Committee meeting April 13, 2022, via Zoom.
 - c. Submitted article about second COVID-19 Booster vaccine.

- 2. Activities/Events that have been Discussed/Planned for the Future:**
 - a. CPR training and certification class.
 - b. Fall prevention and nutrition class.
 - c. Preparation for Doctor's visit.
 - d. Role play activity for doctor/s visit and telehealth visit.

- 3. Motions and/or Requests for Action from the COE Executive Committee and/or LWSC Staff is attached.**

None required.

- 4. Next Committee Meeting Date, Time & Location:** 3rd Tuesday of each month, May 17 at 3:00 pm.

Submit Report to: President and Vice President